October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	FRESH
	Preakfast Bread W/ Yogurt OR French Toast W/ Sausage, Applesauce, Juice & Milk	2Sausage Egg & Cheese Biscuit OR Muffin W/ Yogurt, Apricots, Juice & Milk	3 Pancake Wrap W/ Yogurt OR Breakfast Strudel W/ Animal Crackers, Pears, Juice & Milk	4	Announcements: Please note that all campus at Merkel ISD will now be receiving free breakfast and lunch for the students
7 Muffin W/ animal Cracker Or Morning Griddle Sandwich Mixed Fruit, Juice & Milk	8 Chicken Biscuit Or Breakfast Strudel W/ Cheese stick, Orange, Juice & Milk	9 Breakfast Pizza OR Monte Cristo Breakfast Sandwich, Apple, juice & Milk	Breakfast Bread W/Yogurt OR Breakfast Cookie, Peaches, Juice & Milk	11	first tray.
L'Sausage Kolache W/ Yogurt OR Breakfast Round W/ Yogurt Pineapple, Juice & Milk	lSausage, Egg, Cheese, Sandwich OR Breakfast Strudel W/ Cheese stick Pears, Juice & Milk	Chicken Biscuit OR Cereal W/ Animal Cracker Peaches, Juice & Milk	17 Breakfast Bread W/ Yogurt OR Breakfast Pizza Mixed Fruit Juice & Milk	18	
21 Morning Griddle Sandwich OR Pancake W/Bacon Strawberry Juice & Milk	22 Sausage Biscuit OR Breakfast Burrito Mandarin Oranges, Juice & Milk	2:Early Bird Sandwich Or Waffles W/ Sausage Apricots Juice & Milk	Monte Cristo Sandwich Or Breakfast Strudel W/ Cheese Stick Pears, Juice & Milk	25	
Muffins W/Yogurt Or Cereal W/ Animal Crackers Apple, Juice & Milk	29 French Toast W/ Sausage OR Breakfast Bread W/ Yogurt Orange Smiles Juice & Milk	30Chicken Biscuit OR Muffins W/ Animal Crackers Pears, Juice & Milk	21 Pancake Wrap W/ Cheese Stick OR Breakfast Strudel W/ Cheese Stick Apricots Juice & Milk	Season in Texas Did you	z July-November know? 00 different kinds of







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Monday	Tuesday	Wednesday	Thursday	Friday	FRESH
	JBacon Ranch Chicken Quesadilla OR Nacho Grande Salsa, Beans, Cucs, Apricots, Apples Choice of Milk	Pizza OR Breaded Pork Chop Gravy, & Roll, Broccoli, Corn, Choice of Fruits & Milk	CheeseBurger Mac W/ Roll OR CHicken Strip Basket Carrots, Green Beans Choice of Fruits & Milk	4	Announcements: Please note that all campus at Merkel ISD will now be receiving free breakfast and lunch for the students
Country Fried Steak W/ Gravy & Roll OR Fish Sticks Potatoes Okra Choice of Fruits & Milk	8 Chicken Fajitas OR Tex Mex Stack Beans, Carrots Salsa Choice of Fruits & Milk	9 Meatball Subs OR Chicken Alfredo W/ Breadstick Garden salad Green Beans Choice of Fruits & Milk	Potato Bowl W/ Roll OR Hotdog W/ Fries Tomato Cup Garden Salad Choice of Fruits & Milk	11	first tray.
¹ Enchiladas Or Meat & Cheese Chalupas, Beans, Corn Salsa Choice of Fruits & Milk	IChicken Nuggets W/ Mac & Cheese OR Taco Burger Carrots Squash Choice of Fruits & Milk	Cheeseburger OR Maxx Stick W/ Marinara Tomato Cups Garden salad Choice of Fruits & Milk	Nacho Grande OR X-Treme Burrito Corn, Cucs Choice of Fruits & Milk	18	
Chicken Spaghetti W/ Breadstick OR Burger Garden Salad SPFF Choice of Fruits & Milk	Frito Pie OR Crispy Chicken Sandwich Beans, Oranges Choice of Fruits & Milk	Boneless Chicken Wings W/ Chips OR Pizza Celery Carrots Choice of Fruits & Milk	24Chicken Parm W/ Breadstick OR Steak Fingers W/ Roll & Gravy Green Beans, Corn Choice of Fruits & Milk	25	
2 Corn Dog Mini OR Hamburger Fries, Tomato Cups Choice of Fruits & Milk	29 Sloppy Joe OR Nacho Grande Salsa, Garden Salad Cucs Choice of Fruits & Milk	Breaded Pork Chops W/ Gravy & Roll OR Pizza Broccoli, corn Choice of Fruits & Milk	OR Cheeseburger Mac W/ Roll Carrots	Apples Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States	





