

November 2024 |



Announcements:

Please note that all campus at Merkel ISD will now be receiving free breakfast and lunch for the students first tray.



Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know? You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
4 Morning Griddle Sandwich OR Muffins W/ Yogurt Fruit, Juice Milk	5 Breakfast Bread W/ Yogurt Or Chicken Biscuit Fruit, Juice Milk	6 Monte Cristo Breakfast Sandwich OR Breakfast Pizza Fruit, Juice Milk	7 Sausage Biscuit Or Breakfast Cookie W/ Cheese Stick Fruit, Juice Milk	8
11 Muffin W/ Yogurt Or Sausage Kolache Fruit, Juice Milk	12 Pancake Wrap W/ Cheese Stick OR Sausage Egg, Cheese Biscuit Fruit, Juice Milk	13 Cereal W/ Animal Crackers OR Chicken Biscuit Fruit, Juice Milk	14 Breakfast Bread W/ Yogurt OR Early Bird Sandwich Fruit, Juice Milk	15
18 Pancake W Bacon OR Morning Griddle Sandwich Fruit, Juice Milk	16 Breakfast Burrito OR Sausage Biscuit Fruit, Juice Milk	20 Waffle & Sausage OR Muffin W/ Animal Cracker Fruit, Juice Milk	21 Breakfast Bread W/ Cheese Stick OR Chicken Biscuit Fruit, Juice Milk	22
25	26	27	28	29



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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4 Fish Sticks W/ Roll Or Country Fried Steak W/ Roll & Gravy Fries Okra Choice of Fruits & Milk	5 Tex- Mex Stack OR Chicken Fajitas Beans and Corn Salsa Choice of Fruits & Milk	6 Chicken Alfredo W/ Breadstick OR Pizza Garden Salad Green Beans Choice of Fruits & Milk	7 Chicken Strip Basket OR Potato Bowl Tomato Cup Fries Choice of Fruits & Milk	8
11 Meat & Cheese Chalupas Or Enchiladas Beans, Corn Choice of Fruits & Milk	12 Chill Burger OR Chicken Nuggets W/ Mac & Cheese Carrots Squash Choice of Fruits & Milk	13 Maxx Sticks W/ Marinara OR Cheeseburger Tomato Cups Garden Salad Choice of Fruits & Milk	14 X-Treme Burrito OR Nacho Grande Corn Cucs Choice of Fruits & Milk	15
18 Hamburger OR Chicken Spaghetti W/ Breadstick Garden Salad SPFF Choice of Fruits & Milk	19 Crispy Chicken Sandwich OR Walking Taco Beans Tomato Choice of Fruits & Milk	20 Pizza OR Boneless Chicken Wings W/ Chips Celery Carrots Choice of Fruits & Milk	22 Steak Fingers Gravy & Roll OR Chicken Parm W/ Breadstick Green Beans Corn Choice of Fruits & Milk	22
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