



November 2024 |



Announcements:

Please note that all campus at Merkel ISD will now be receiving free breakfast and lunch for the students first tray.



Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: center;">Carrots Season in Texas: August - May Did you know? You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p>				1
4 Waffles W/ Bacon OR Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	5 Breakfast Taquito OR Breakfast Bread Choice of Fruit, Juice Milk and Fruit Bowl	6 Sausage Biscuits OR Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	7 Morning Griddle Sandwich OR Breakfast Bread W/ Yogurt Choice of Fruit, Juice Milk and Fruit Bowl	8
11 Sausage Kolache W/ Yogurt OR Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	12 Omelet W/ Toast OR Breakfast Bread W/ Yogurt Choice of Fruit, Juice Milk and Fruit Bowl	13 Sausage Biscuit Or Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	14 French Toast W/ Sausage OR Breakfast Strudel Choice of Fruit, Juice Milk and Fruit Bowl	15
18 Sausage Biscuit OR Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	19 Breakfast Burrito W/ Hash Browns OR Breakfast Bread W/ Yogurt Choice of Fruit, Juice Milk and Fruit Bowl	20 Waffles W/ Sausage OR Cereal W/ Toast Choice of Fruit, Juice Milk and Fruit Bowl	21 Breakfast Sandwich OR Breakfast Bread W/ Yogurt Choice of Fruit, Juice Milk and Fruit Bowl	22
25	26	27	28	29



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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4 Chicken Fried Steak W/ Roll & Gravy OR Burger Potatoes, Orka, Tomato Choice of Fruit, Juice, Milk & Fruit bowl	5 BBQ on a Bun OR Tex-Mex Stack W/ Rice Beans, Carrots Choice of Fruit, Juice, Milk & Fruit bowl	6 Chicken Alfredo W/ Breadstick OR Meatball Sub Salad, Green Beans Choice of Fruit, Juice, Milk & Fruit bowl	7 Potatoes Bowl W/ Roll OR Hot Dog W/ Potatoes Broccoli Salad Corn Choice of Fruit, Juice, Milk & Fruit bowl	8
11 Enchiladas Or Chalupas W/ Rice Beans Corn Choice of Fruit, Juice, Milk & Fruit bowl	12 Chicken Nuggets W Mac & Cheese OR Asian Bowl W/ Eggroll Carrots Squash Choice of Fruit, Juice, Milk & Fruit bowl	13 Hamburger W/ Chips OR Pizza Tomato Cups Garden Salad Choice of Fruit, Juice, Milk & Fruit bowl	14 Ranchero Wrap W/ Rice OR X-Treme Burrito Corn Cuc Choice of Fruit, Juice, Milk & Fruit bowl	15
18 Drumsticks W/ Biscuits OR Chicken Spaghetti W/ Breadstick Salad, SPFF Choice of Fruit, Juice, Milk & Fruit bowl	19 Walking Taco Or Sloppy Joe Beans Tomato Cup Choice of Fruit, Juice, Milk & Fruit bowl	20 Boneless Chicken Wings W/ Chips OR French Bread Pizza Celery Carrots Choice of Fruit, Juice, Milk & Fruit bowl	21 Chicken Parm W/ Breadstick OR Nacho Grande Green Beans Corn Choice of Fruit, Juice, Milk & Fruit bowl	22
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