

September 2024 |



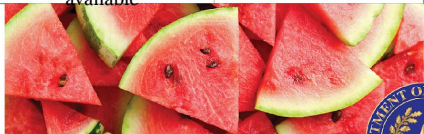
Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 French Toast W/ Sausage OR Breakfast Bread, Fruit, Milk & Juice Fruit bowl available	4 Power Breakfast Or Cereal W/Toast Fruit, Milk & Juice Fruit bowl available	5 Pancake Wrap W/ Yogurt Or Breakfast Bread W/ Cheese stick Fruit, Choice of Milk & Juice Fruit bowl available	6
9 Waffles w/ Bacon OR Cereal W/Toast, Fruit, choice of Milk & Juice Fruit bowl available	10 Quito OR Breakfast Bread W/ Yogurt, Fruit, choice of Milk & Juice Fruit bowl available	11 Donuts W/ Sausage OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	12 Breakfast Pizza OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	13
16 Kolache W/ Yogurt OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	17 Omelet W/ Toast OR Breakfast Bread, Fruit, choice of Milk & Juice Fruit bowl available	18 Sausage Biscuit OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	19 French Toast W/ Sausage OR Breakfast Strudel, Fruit, choice of Milk & Juice Fruit bowl available	20
23 Sausage Biscuit OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	24 Breakfast Burrito W/ Hash Brown OR Muffin W/ Yogurt, Fruit, choice of Milk & Juice Fruit bowl available	25 Waffles W/ Sausage OR Cereal W/ Toast, Fruit, choice of Milk & Juice Fruit bowl available	26 Breakfast Sandwich Or Breakfast Bread W/ Yogurt, Fruit, choice of Milk & Juice Fruit bowl available	27

Announcements:

Please note that all campus at Merkel ISD will now be receiving free breakfast and lunch for the students first tray.



36 Breakfast Pizza OR
Cereal W/ Toast,
Fruit, choice of Milk &
Juice Fruit bowl
available



Watermelon

Season in Texas: May - October
Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
www.SquareMeals.org



Updated 6/6/2024
National School Lunch Program

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Nacho Grande OR Pizza Choice, Beans, Cucs, Choice of Milk & Juice Fruit bowl available	4 Chicken Burgers W/ Chips OR Spaghetti W/ Breadsticks Veggie Cup, Garden Side Fruity Jello and choice of Milk & Juice Fruit bowl available	5 Asian Bowl w/ Eggroll OR Pork Chop W/ Gravy & Roll Broccoli, Corn, Mandarin Oranges Choice of Milk & Juice Fruit bowl available	6
9 Chicken Fried Steak W/ Roll OR Hot Dog, Potatoes, Okra, Tomato, Strawberries and choice of Milk & Juice Fruit bowl available	10 Hamburger, OR Tex Mex Stack w Rice, Beans, carrots, Hot Cinnamon Apples, Sherbert cups choice of Milk & Juice Fruit bowl available	11 Chicken Alfredo W/ Breadstick OR Ranchero Wrap Salad, Green Beans, Peaches and choice of Milk & Juice Fruit bowl available	12 Eatball Sub OR Popcorn chicken W/ Gravy & Roll Broccoli Salad, Corn, Apple Cookies and choice of Milk & Juice Fruit bowl available	13
16 Nichiladas OR Chalupas W/ Rice, Beans, Corn, Salsa, and Oranges Smiles, Pudding and choice of Milk & Juice Fruit bowl available	17 Chili & Cheese Tots OR Chicken Burgers, Veggie Cups, Potatoes, Strawberries & Banana and choice of Milk & Juice Fruit bowl available	18 Chicken Nuggets W/ Mac & Cheese Or Asian Bowl W/ Eggroll, Carrots, Squash, Grapes, and choice of Milk & Juice Fruit bowl available	19 Hamburgers OR X-Treme Burrito, Tomato, Salad, Corn, Pears, and choice of Milk & Juice Fruit bowl available	20
23 Drumsticks W/ Biscuit OR Chicken Spaghetti W/ Breadstick, Green Bean, Salad, Tomato, Apple, and choice of Milk & Juice Fruit bowl available	24 Walking Taco OR Steak Fingers W/ Gravy & Roll, beans, Fresh Veggie Cup, Oranges, Cookies and choice of Milk & Juice Fruit bowl available	25 Frito Pie OR Chicken Parmesan W/ Roll, Broccoli, Corn, Applesauce, and choice of Milk & Juice Fruit bowl available	26 Chicken Wings W/ Chips OR Nachos, celery, carrots, mixed Fruit, Sherbert Cups, and choice of Milk & Juice Fruit bowl available	27

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30
 Corn Dogs OR Oven
 Fried Chicken
 Potatoes, green beans,
 Tomato cup, Choice of
 Milk & Juice Fruit bowl
 available



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