

# MERKEL INDEPENDENT SCHOOL DISTRICT

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**Joseph O'Malley, Superintendent**

## **Minutes for the Student Health Advisory Council (SHAC) Meeting on 9-21-2022**

The Merkel ISD Student Health Advisory Council met for the first time during the 2022-2023 school year on September 21, 2022, at 4:30 p.m. in the Merkel ISD Administration Conference Room.

The following members were present were:

Joseph O'Malley, Superintendent  
Kelli Pedone, MHS, BSN, RN - District RN and SHAC Coordinator/Co-Chair  
Daniel L. McDuff, RN, Parent/Co-Chair  
K'rin Young, MMS Principal  
Brin Reed, MISD Food Service Director  
Rachelle Rister, RN, MMS Nurse

Meeting called to order at 4:40pm by Kelli Pedone.

Kelli Pedone briefly reviewed that the State requires four meetings per year and that a parent is the co-chair of the council. Mr. McDuff agreed to remain as co-chair for this school year.

The 2021-2022 SHAC report was reviewed by the current SHAC members to give an overview of what was done last year.

Discussion of a waiver request for TDA Summer Feeding Mandate per Brin Reed, Food Service Director. The district would like to have the waiver in place, but plans to go ahead with summer feeding in 2023.

Brin Reed discussed the menus for each campus, and stated that the menu selection is not as broad as in the past due to limited supply of items. She stated that there are still some supply issues, but some prices have decreased slightly. Brin stated that they have gone to four (4) week menu planning and the menus are posted on the website three (3) months at a time. Brin stated that the nutrition audit will be in December.

Kelli Pedone mentioned there is the possibility of Abilene Recovery Council presenting to the middle school and high school campuses on "Hidden in Plain Sight," which is a drug and drug paraphernalia awareness presentation. Mr. O'Malley stated that with the 4-day school week it may be difficult to have a presentation on a Professional Development Day because those days are from 8-12, but to speak with the principals at each campus about available time in the schedules.

Kelli Pedone informed the SHAC that the StepBet Challenge began on 9/19/22 and will run for five (6) weeks as a means of having a wellness challenge for the staff and community. The StepBet format allows participants to sign up, pay online and compete against themselves to get healthy.

The next meeting is scheduled for Wednesday, November 9th at 4:30pm.

Kelli Pedone asked Mr. O'Malley about the possibility of fitness classes for staff provided by Kenzie Aguilar. Mr. O'Malley was fine with this idea. Kelli Pedone will speak to Kenzie and send out an interest survey.

Brin Reed made a motion to adjourn the meeting and motion seconded by Daniel McDuff. Meeting adjourned at 5:20pm.